



SPEED, INC.

**Detroit Speed, Inc.
Front and Rear Anti-roll Bar Package
2010 Camaro
P/N: 031407 & 042204**

The Detroit Speed, Inc. Front and Rear Anti-roll Bars have been engineered to correct the shortcomings in the 2010 Camaro suspension. The Front and Rear Anti-roll Bars are a larger diameter than the OEM bars with an increased rate for improved performance handling. The Anti-roll Bars are powdercoated gloss black and the bushings are also black for a clean uniform finish.

Quantity	Item
1	1 1/8" Tubular Front Anti-roll Bar
1	1 1/8" Tubular Rear Anti-Roll Bar
4	Polyurethane Anti-roll Bar to Frame Bushings
4	Anti-roll Bar Mounting Brackets
4	1/4" USS Washer
2	Super Grease



Torque Specification Table	
Application	Torque (ft-lbs)
Front Stabilizer Shaft Link Nut at the Anti-roll Bar	36
Front Stabilizer Shaft Insulator Clamp Nuts	13 (M8) 32 (M10)
Rear Stabilizer Shaft Link Nut at the Anti-roll Bar	36
Rear Stabilizer Shaft Insulator Clamp Nuts	16

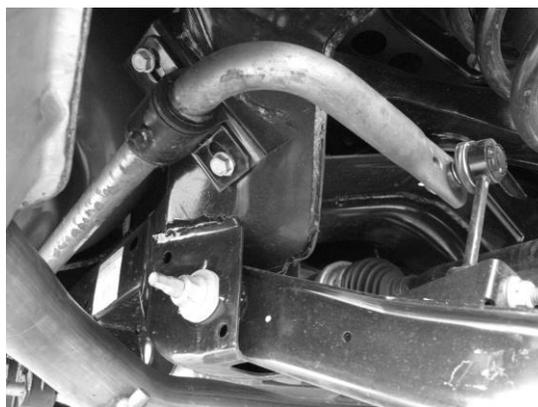
The 4 USS 1/4" washers are to be used at each mounting bracket bolt or stud if you have an early car with the smaller M8 mounting hardware. If you have a later car with the M10 mounting studs and bolts you do not use these washers.

On the rear anti-roll bar, there are two end link mounting holes. Detroit Speed recommends using the rear hole when installing the rear anti-roll bar which provides a higher rate. A chart is shown below showing the rates for each hole.

Anti-roll Bar Rates	
Front Hole	1400 lb/in
Rear Hole	1764 lb/in



Completed Front Installation



Completed Rear Installation

If you have a car with M12 front end-link studs you will need to drill out the end-link holes in the front ARB with a 1/2" drill bit.

If you have any questions, please call Detroit Speed, Inc. at (704) 662-3272.